

Seniors Retreat

The Art of Living

Yesterday, Today, and Tomorrow



March 12 – March 14

Briarwood Retreat Center

670 Copper Canyon Rd.

Argyle, TX 76226

940-241-2099

www.briarwoodretreat.org

Workshops Include:

- **Senior Fitness**
- **Genealogy – Chasing Your Ancestors**
- **Travel for Seniors**
- **Looking Beyond Tomorrow**
- **Arts and Crafts**

AND – other activities such as games, fellowship time, worship, hiking, bird watching, etc.

For more info go to *www.briarwoodretreat.org* and click on the “*Art of Living*” logo or ask a staff person here.